





Bathroom Safety Checklist

Have you installed grab bars in bath and shower stalls?

Are you careful not to use towel racks or wall-mounted soap dishes as grab bars, because they can easily come loose, causing a fall?

___ Do you use a non-slip mat or have adhesive safety strips or decals installed in bathtubs and showers?

___ Do you keep the bathroom floor clean by promptly wiping up spills?

___ Do you have a bath mat with a non-skid bottom for every bathroom floor?

Are you careful not to use cleaning supplies that may leave a slippery residue?

___ Do you use nightlights to help light hallways and bathrooms during night-time hours?

___ Do medications, including vitamins, prescription drugs and over-the-counter drugs, have child-resistant caps?

Have you locked medicines, cosmetics and cleaning supplies in a secure cabinet?

Are medicines and cleaning products kept in their original containers with the original labels intact?

Have you read product use, storage instructions and safety recommendations for cosmetic, personal care and cleaning products?

Is your trashcan covered with a lid?

Are all electrical appliances, cords and fixtures in your home listed by an independent testing laboratory such as Underwriters Laboratories (UL)?

Are all bathrooms in your home protected by ground fault circuit interrupters (GFCIs)?

Do you test your GFCIs monthly to determine that they are operating properly?

Are small electrical appliances such as hair dryers, curling irons, and razors always kept away from water and unplugged and stored when not in use?

Use the following checklist as a guide to help reduce the risk of injuries in your bathroom.

Learn more about actions you can take to keep your family safe in and around your home in Home Safety Council's Safety Guide including:

- Scalds
- Bathroom Poison Safety
- Water Safety

